

Resources

Cañon City Police—276 -5600

Fremont County Sheriff — 276-5555

Colorado Schools Resource Center

Federal Bureau of Investigation —
Parent Guide to Internet Safety

National Crime Prevention Council —
Tips for Parents

Kids.gov — Online Safety for Kids and Teens

Cañon City Schools — 276-5700



We now have a Digital Citizenship link at www.canoncityschools.org. The Links provides valuable tips, resources, videos and more to help you and your child become good digital citizens.

Great Links

Use these sites to help you find more information

common sense
media

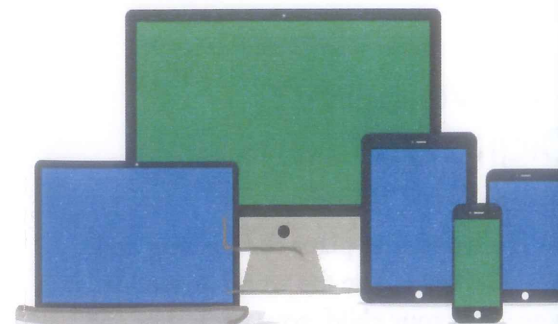
<https://www.common sense media.org/>



<http://www.cyberwise.org/>



<http://www.netsmartz.org/Parents>



Tips for Parents

A digital citizen is someone who is able to understand and fully participate in the digital world. They have technical and social skills that enable a person to be successful and safe.



Safe, Smart & Social
Teaching Students How To Shine Online

<https://safesmartsocial.com/>

Developing Digital Citizens At Home

The Internet is a wonderful place for learning and entertainment. However, like the world around us, it can pose dangers to your child, your computer and your personal data.

HELP YOUR CHILDREN BE GOOD DIGITAL CITIZENS

Remind your children to be good digital friends, by respecting personal information of friends and family, and not sharing anything about others that is potentially embarrassing or hurtful.

EXPLAIN THE IMPLICATIONS

Help your children understand the public nature of the internet. Explain the risk and benefits. Emphasize any digital info they share, such as emails, photos, or videos, can easily be copied and pasted elsewhere, and is almost impossible to recover. Digital info has the possibility of damaging your reputation, friendships and future prospects.

REMAIN POSITIVELY ENGAGED

Know the online environments your children use. Sit and discuss their online life on a regular basis. Show interest in their online communities and friends. React constructively when inappropriate material is encountered. Expand your children's online experience and their autonomy when developmentally appropriate. Help them develop safe and secure online behavior and good decision making. Be a good role model.



TEACH CRITICAL THINKING

Help your children identify safe, credible web sites and digital content. Teach them to be cautious before clicking on, downloading, posting, and uploading content.

EMPOWER & ENCOURAGE YOUR CHILDREN

Work with your children to develop strategies such as bullying, unwanted digital contact, or hurtful comments. When problems arise, develop strategies of talking to a trusted adult, non-retaliation, calmly resolving with the person, blocking the person, or filing a complaint. Encourage children to help other friends if they are making poor choices or being harmed. If your child's behavior changes, be alert for reasons why.

REVIEW PRIVACY SETTINGS

Check the privacy settings available on the social networking sites and devices your children use. Decide together which settings to use in order to provide the proper amount of protection for your child.

"Raising Digital Citizens | StaySafeOnline.org."

A Few Statistics about Teens and Social Media

- 90% of teens have used some form of social media
- 75% of teens report having a profile on a social networking site
- 87% of youth have reported witnessing cyber-bullying based on appearance, race, religion, or sexual identity
- 49% of youth report regretting something they have posted
- In 2013, 8% of 16-24 year-olds reported being rejected for a job based on pictures or comments on their social media accounts

(<http://mcafee.com/us/about/news/2014/q2/20140603-01.aspx> and <https://ondivceresearch.com/blog> and www.growingwireless.com/get-the-facts/quick-facts)

Before you...



T = is it true?
H = is it helpful?
I = is it inspiring?
N = is it necessary?
K = is it kind?